

## THE HEALTHY WHOLESOME CHOICES 营格健康

### ACAI SMOOTHIE BOWL

#### 巴西莓果昔 / 78

"Super tasty fruit that makes your skin glow 超级水果, 令您容光焕发"

Seasonal Fruits, Granola

时令鲜果, 燕麦片

### TOMATO & BURRATA CHEESE

#### 番茄布拉塔起司沙拉 / 98

Basil Sorbet, Kiwi Berry, Olive Oil

罗勒雪葩, 奇异果莓, 橄榄油

### CHA BEI SALAD

#### 茶杯沙拉 / 78

"Fresh, sweet and nutty 清爽, 香甜坚果香"

Seasonal Leaves, Green Mango, Quinoa,

Toasted Almonds, Coconut Dressing

时令沙拉, 青芒, 藜麦, 烤杏仁, 鲜椰子酱

### SUPER GREENS SOUP

#### 绿菜汤 / 78

Kale, Spinach, Onion, Hempseeds, Truffle Toast

羽衣甘蓝, 菠菜, 洋葱, 大麻籽, 松露吐司

### FRENCH HAM & COMTÉ CHEESE

#### BUCKWHEAT CRÊPE

#### 起司火腿荞麦可丽饼 / 88

Onsen Egg, Mushrooms, Arugula

温泉蛋, 蘑菇, 芝麻菜

### SUPER GREENS BUCKWHEAT CRÊPE

#### 绿菜荞麦可丽饼 / 78

Spinach, Tomatoes, Avocado, Pine Nut, Feta Cheese,

Herbed Crème Fraîche

菠菜, 番茄, 牛油果, 松子, 菲达起司, 香草鲜奶油

### AVOCADO VEGEMITE TOAST

#### 牛油果维吉麦酱吐司 / 78

Mushrooms, Cherry Tomatoes

蘑菇, 樱桃番茄

### SMOKED SALMON BAGEL

#### 烟熏三文鱼贝果 / 78

Avocado, Pickled Onion, Seasonal Leaves

牛油果, 腌洋葱, 时令沙拉

### ONSEN EGG & ASPARAGUS

#### 温泉蛋煮芦笋 / 88

Parmesan Cheese, Mixed Quinoa, Hollandaise

帕尔玛起司, 混合藜麦, 荷兰酱

### ALOHA POKE BOWL

#### ALOHA 刺身饭 / 118

Marinated Tuna and Salmon, Avocado, Mixed Grains,

Corns, Tomatoes, Edamame, Pickles

渍吞拿鱼及三文鱼, 牛油果, 混合谷物, 玉米,

番茄, 毛豆, 腌菜

### TOSSED OR TURNED

#### HANDMADE NOODLES

#### 浓香菌手工面(汤或干拌) / 88

Tofu, Seasonal Mushrooms, Vegetables,

Morel Mushroom Broth

豆腐, 时令野菌, 蔬菜, 羊肚菌汤

### SCRAMBLED EGG WHITE &

#### BROCCOLI

#### 炒蛋白西兰花 / 78

Potatoes, Peas, Kale

马铃薯, 豌豆, 羽衣甘蓝



Our favorites 我们的最爱



Vegetarian 素食

All prices are in MOP and subject to 10% service charge  
Please inform us of any food allergy or dietary requirements prior to ordering

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## THE COMFORT CHOICES 心满意足

### PATA NEGRA EGG BENEDICT

#### 伊比利亚火腿班尼迪蛋 / 88

Avocado, Seasonal Leaves  
牛油果, 时令沙拉

### AVO BUN BURGER

#### 牛油果汉堡 / 78

Grilled Chicken, Pickled Onion, Tater Tots, Sriracha Mayo  
烤鸡, 腌洋葱, 薯块, 甜辣蛋黄酱

### SHAKSHUKA

#### 地中海番茄蛋炖肉 / 78

Chorizo, Onsen Eggs, Tomatoes, Capsicum,  
Seasonal Leaves  
西班牙肉肠, 温泉蛋, 番茄, 甜椒, 时令沙拉

### LOBSTER BISQUE & CRISPY RICE

#### 脆米龙虾浓汤 / 168

Boston Lobster, Shimeji Mushrooms, Choy Sum,  
Golden Rice  
波士顿龙虾, 灵芝菇, 菜心, 脆米

### SAKURA EBI CAPELLINI

#### 樱花虾天使面 / 158

Shrimps, Baby Spinach  
大虾, 菠菜苗

### SPAGHETTI CARBONARA

#### 卡邦尼意大利面 / 138

Bacon, Parmesan Cheese, Egg Yolk, Onion  
培根, 帕尔玛起司, 蛋黄, 洋葱

### SEA URCHIN SPAGHETTI

#### 海胆意大利面 / 168

Tobiko, Cream Sauce  
鱼籽, 奶油酱

### MINCED BEEF, PORK & TOMATO RICE

#### 免治牛肉猪肉番茄炒饭 / 128

Sunny Side Up Egg, Green Peas, Onion  
太阳蛋, 青豆, 洋葱

### HAINANESE CHICKEN RICE

#### 海南鸡饭 / 158

Pickles, Dark Soy, Chili Sauce, Ginger  
腌菜, 黑酱油, 辣酱, 姜



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## THE COMMUNAL CHOICES 共享滋味

### PAN FRIED SEABASS

#### 香煎海鲈鱼 / 168

Vine Tomatoes, Garlic Confit, Edamame, Shallot,  
Lobster Emulsion  
葡萄番茄, 大蒜, 毛豆, 红葱, 龙虾泡沫

### ORGANIC CHICKEN & CARMELIZED PLUM

#### 焦糖梅子鸡排 / 198

Chicken Breast, Charred Leeks, Morel Sauce  
鸡胸肉, 烤大葱, 羊肚菌汁

### HERB & CURRY ROASTED CAULIFLOWER

#### 草本咖喱烤花椰菜 / 98

Garlic Hummus, Pomegranates, Herb Oil  
大蒜鹰嘴豆泥, 石榴, 植物油

### SLOW-COOKED BEEF SHORT RIBS

#### 慢煮牛小排 / 230

Watercress Salad, Hen of the Woods, Mashed Potatoes  
水芹沙拉, 舞茸菌, 马铃薯泥

### BEEF & VEGETABLE POT PIE

#### 酥皮牛肉蔬菜派 / 168

Seasonal Leaves  
时令沙拉

## SIMPLE SIDES 配菜

Jasmine or Brown Rice  
丝苗白米饭或糙米饭 / 20

Simple Salad  
沙拉 / 45

Steamed Seasonal Vegetables  
白灼时令蔬菜 / 45

Tater Tots  
薯块 / 45

Mashed Potato  
马铃薯泥 / 45

## THE GUILTY CHOICES 甜蜜放纵

### CHA BEI SOUFFLÉ PANCAKE

#### 茶杯舒芙蕾松饼 / 88

Seasonal Berries, Vanilla Cream, Honey Butter  
时令什莓, 香草奶油, 蜂蜜黄油

### SIGNATURE CHA BEI SOUFFLÉ

#### 时令水果舒芙蕾 / 78

Tried & Tested, Needs No Description  
亲测好吃, 毋需多言

### CRÈME FRAICHE & APRICOT

#### 黄梅奶冻 / 68

Apricot Gel, Hazelnut Crumble, Apricot Ice Cream  
黄梅凝露, 榛子酥脆脆, 黄梅冰淇淋

### STRAWBERRY CHIFFON CAKE

#### 草莓戚风蛋糕 / 88

"...it's always fun to share 与人分享, 加倍快乐"  
Fresh Berries, Cotton Candy  
新鲜什莓, 棉花糖

### VALRHONA CHOCOLATE & HAZELNUT MOUSSE

#### 巧克力榛子慕斯 / 78

Sea Salted Caramel Choux, Mandarin Sherbet,  
Mascarpone Cream  
海盐焦糖泡芙, 橘子雪葩, 马斯卡彭奶油

### SELECTION OF ICE CREAM & SHERBET

#### 多款冰淇淋及雪葩 / 38

Take a peek into our Ice Cream Counter and we always  
have a secret something  
欢迎前往雪糕柜台发掘更多惊喜口味



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